

### **Title of the Practice**

**"Aid and Empower: Our Philanthropic Mission"**

### **Objectives**

To foster a culture of inclusivity and to help attain financial freedom

### **Context**

We endorse charities to conduct exhibition in the college of items crafted by specially abled individuals at the time of festivals.

### **Practice**

Self Esteem Foundation For Disabled- exhibition conducted on 22<sup>nd</sup> Aug 2022 and 19<sup>th</sup> Dec 2022.

### **Evidence of success**

College received appreciation letters from them.

### **Problems encountered**

To encourage students to buy charity products as they come at higher price

### **Title of the practice**

**"Prioritizing the Well-being of Students: Fostering Mental and Physical Health"**

### **Objectives**

To provide accessible and comprehensive healthcare services to the community

### **Context**

College undertook some impactful initiatives - free health check-up camp, yoga workshops, seminars.

### **Practice**

'Free Health Check-up Camp' organized in collaboration with Fortis and Thyrocare.

Seminars conducted - 'Success Through Meditation', 'Basics of Fitness & Nutrition', 'Emotional Intelligence and Mental Hygiene', a session on 'HIV/AIDS Awareness', 'Sahaj Meditation'

### **Evidence of success.**

'Free Health Check-up Camp' provided health assessments to 668 individuals and yoga workshop was attended by 244 eager participants.

### **Problems encountered**

To arrange free medical camp is challenging due to the infeasibility and associated costs for the organizers.